

# Falcon 1 Karate

## - BEST EFFORT ACHIEVMENT BADGE -

### STUDENT APPLYING FOR BADGE: \_\_\_\_\_

Student must display good effort and a willingness to work during karate class, school classes, and at home with parents. The student doesn't have to have the best karate moves but he must try hard to improve. They must show a consistent effort in class, and a willingness to try and keep trying. This is to be based on the individual's age, abilities, and efforts for that individual and not as compared with another student.

- I. Elementary Teachers / Counselor / PE Teacher / Principle / Music Teacher** – Must have 2 teachers evaluate you for 2 weeks. Let the teachers see the form and know what you are doing, then let them fill out the information below when the 2 weeks are up. Some acceptable ideas of showing good effort in school would be.
- Student cleans up their area/desk without being asked and helps others keep room neat.
  - Student helps others in food line in cafeteria, helps clean up, holds doors open, etc.
  - Student is willing to try new things and answers questions in class and speaks up.
  - Student presents homework on time and neatly.
  - Student is willing to ask questions when they are unsure of something.

**1. (TEACHER ONE)** Please circle which one you think best describes the student's efforts in your class.

POOR                  FAIR                  GOOD                  EXCELLENT

Please comment on how they show their best effort in class: \_\_\_\_\_

TEACHERS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**2. (TEACHER TWO)** Please circle which one you think best describes the student's efforts in you class.

POOR                  FAIR                  GOOD                  EXCELLENT

Please comment on how they show their best effort in class: \_\_\_\_\_

TEACHERS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

- II. Parent / Guardian** – Please monitor and document, for 2 weeks, how well your child shows good effort at doing assigned task. Some examples are on the table, fill it in with the desired age appropriate tasks/behaviors and post it on the refrigerator.

P-poor, F-fair, G-good, E-excellent

TASK	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Mon	Tue	Wed	Thur	Fri	Sat	Sun
HOMEWORK														
CLEAN ROOM														
GARBAGE OUT														
SET TABLE														

COMMENTS: \_\_\_\_\_

**(Return the form to your instructor in 2 weeks when top part is complete)**

PARENTS SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

### III. Karate Instructor -

- |   |      |      |      |           |
|---|------|------|------|-----------|
| 1. Effort in blocks, punches, and kicks | POOR | FAIR | GOOD | EXCELLENT |
| 2. Speaks up in class                   | POOR | FAIR | GOOD | EXCELLENT |
| 3. Smiles / Happy in class              | POOR | FAIR | GOOD | EXCELLENT |
| 4. Works well with others               | POOR | FAIR | GOOD | EXCELLENT |
| 5. Doesn't quit when task is difficult  | POOR | FAIR | GOOD | EXCELLENT |

INSTRUCTOR \_\_\_\_\_

BADGE APPROVED \_\_\_\_\_ DATE \_\_\_\_\_

FOR QUESTIONS CALL: FALCON 1 KARATE 758-2242